

Licensure/Certification/Association:

NYS Mental Health Counselor License (LMHC-D) #D010425 4/30/2028 | NPI 1740803949
International Co-Occurring Gambling Specialist Certification #1335 10/31/2027
NSC and Safety Council NY Instructor ID 010089784 First Aid/CPR/AED certified through 2/28/2027
Affiliations: National Volunteer Fire Council Behavioral Health Professionals <https://www.nvfc.org/provider-directory/>
Firefighter's Association of the State of New York (FASNY) Behavioral/Mental Health Committee member
Rensselaer County's Reducing Emergency Stress Response Team member
Hoags Corners Volunteer Fire Company - Exterior Firefighter
Hoags Corners Volunteer Ambulance BLS EMT #524587 4/30/2027

Education:

Sage College of Albany – BS, 2014 Psychology
Sage College of Albany – MA 2018 Counseling and Community Psychology
SUNY New Paltz – 2020 Advanced Certificate in Trauma and Disaster Mental Health

Work Experience:

Russell Sage College, Adjunct Professor – Psychology Department **August 2023 - Present**
Courses include: PSY 326 Health Psychology, PSY 202 Human Development, and PSY 101 Intro to Psychology

Cottage Counseling, Licensed Mental Health Counselor – Private Practice **July 2020 – Present**
Individual adult, adolescent, child, couples, family, and group therapy including Trauma Focused CBT, Solution Focused Brief and Dialectical Behavior Therapy interventions. Areas of focus: first responder, disaster mental health, trauma, grief, and addiction. Website: www.Cottage-Counseling.com

Capital Counseling, Licensed Mental Health Counselor **April 2018 - Present**
Per-diem clinician providing adult, adolescent, child, couples, family and group therapy. Conducts diagnosis, therapeutic assessment and treatment within insurance reimbursable, federal probation contracted program. Center for Problem Gambling 2018-2023, current member of Capital EAP's Traumatic Event Response Team

NYS Department of Labor, Office of Emergency Management **January 6, 2022 – June 21, 2022**
Disaster Preparedness Program Representative 2
Support and coordinate the emergency planning, training, and response for the agency's locations statewide. Manage agency's AED program and deliver National Safety Council CPR/AED training and other emergency action related training.

NYS Division of Homeland Security and Emergency Services **March 2016 – January 5, 2022**
Program Administrator 1
Program administration of State and Federal assistance for Individuals and communities Coordination with partners within DHSES, federal agencies, local governments, private Non-Profits, and voluntary agencies. Trainer for state and federally funded recovery programs including Disaster Case Management, Small Business Administration, IHP/ONA. Coordination and facilitation of the Emergency Support Function 6 during incidents and EOC activations.

Disaster Preparedness Program Representative 2 **January – December 2015**
Supervise 24h/365 watch center, scheduling based on operational needs, establish and maintaining guidelines, policies, procedures, training, records, and reports related to the section, and in support of the executive team and agency during times of steady state and incidents.